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Congregation Shir Ami in Castro Valley is an intimate, inclusive, intergenerational Reform Jewish Community that welcomes interfaith families

Affiliated with the Union for Reform Judaism

# **JANUARY 2011 BULLETIN**

(TEVET~SH'VAT 5771)

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Don't miss the Tu B'Shvat
Catered Dinner and Service
Sunday, January 16.
Reserve your space now!

EVENT CALENDAR			
Day	Date, Time		Location
Thur.	Jan. 6, 7:30 pm	Rosh Chodesh/Sisterhood	Shir Ami
Fri.	Jan. 7, 8 pm	Shabbat Service Led by Rabbi Lara	Shir Ami
Sat.	Jan. 8, 10 am	Bar Mitzvah of Adam Blum Led by Rabbi Lara	Shir Ami
Sun.	Jan. 9, 12:30 pm.	Open House to Celebrate Barb Haber, Matt & Kaitlyn	Shir Ami
Sat.	Jan. 15, 12 noon	Adult Learning: Sayings of the Fathers Led by Diana Zankowsky	Shir Ami
Sun.	Jan.16, 5 pm	Tu B'Shvat Seder with Dinner Led by Diana Zankowsky	Shir Ami
Mon.	Jan. 17, 9:30 am	Dr. Martin Luther King, Jr. Event	Hayward City Hall
Thur.	Jan. 20, 7 pm	Board Meeting (open to all members)	Shir Ami
Fri.	Jan. 28, 8 pm	Welcoming Shabbat Service Led by Rabbi Andrew	Shir Ami
Sat.	Jan. 29, 7 pm	Havdallah & a Movie with Rabbi Andrew	Shir Ami
Thur.	Feb. 3	Rosh Chodesh/Sisterhood	TBD
Fri.	Feb. 4, 6 pm	Children's Service Led by Rabbi Lara	Shir Ami
Fri.	Feb. 4, 6:45 pm	Potluck Dinner	Shir Ami
Fri.	Feb. 4, 8 pm	Shabbat Service Led by Rabbi Lara	Shir Ami
Sat.	Feb. 5, 3 pm	Adult Learning: Trope with Rabbi Lara	Shir Ami
Thur.	Feb. 17, 7 pm	Board Meeting (open to all members)	Shir Ami
Fri.	Feb. 18, 8 pm	Shabbat Service Led by Rabbi Lara	Shir Ami
Sat.	Feb. 19, 10 am	Bat Mitzvah of Sophia Silver Led by Rabbi Lara	Beth Sholom
Fri Sun.	Feb. 25-27	Sisterhood Retreat	Westminster Retreat Center



# PRESIDENT'S MESSAGE

Dear Shir Ami Members and Friends:

I wasn't sure what to write about this month. I usually write what is on my mind and from my heart. So I guess in keeping with that tradition I will write about a friend who is leaving our community, how happy I am for her and how much I will miss her!

I met Barb Haber the first day that Bruce and I brought our daughter Lexi to Sunday school. That was in September 1998 and Barb was teaching the Preschool/K class in the kitchen. I remember thinking what a cool set up with the little tables and chairs and the fun cooking project that was going on. I lingered there after Lexi went to her classroom and listened to what was going on in that kitchen. I don't remember the words that were said but I remember the warmth and love that Barb had for the kids as well as her love for the Torah and Judaism

Over the years Barb has put her love into everything she did at Shir Ami. She taught Sunday School for many years, was President for three years, a trustee for four years, Co-Educator for a year and is currently our Treasurer – Receivables. She helped to start a Rosh Chodesh group for teens, initiated camperships sponsored by the Sisterhood and worked on the Shabbaton committee for several years. One major accomplishment during Barb's presidency was to set up a budget for Shir Ami and tracking income and expenses on a monthly basis. In short, if something needed to be done you could count on Barb to get it done!

On a more personal note I want to thank Barb for being there for me all the time. She took on the role of

Treasurer twice to support me as President— for the CV High School PTSA and here at Shir Ami. She has always been there to talk with about our kids and their issues — I think I will miss that most of all. I have watched Matt and Kaitlin grow to be respectful and giving teenagers. I will miss them so much at our Friday night candle lighting as they are quick to share their lives' ups and downs with us. Matt will be greatly missed at the Sunday school as he has such a great way with the younger children. Kaitlin has been fol-

lowing in Barb's footsteps and is always there with a helping hand as well as having a lovely voice. I will miss hearing her sing at services.

Barb, as much as I am going to miss you, I am so happy for you that you have found a great job –



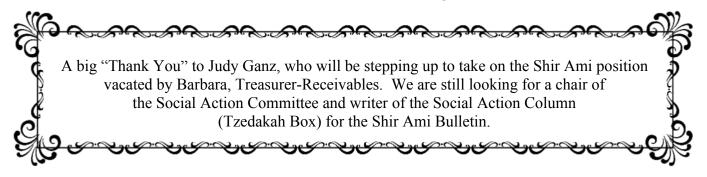
even if it is across the country! My hope for you is that you find a warm and welcoming Jewish community in Richmond!

I cannot close without mentioning one thing: Barb's challah (not to mention all of her culinary delights!) – need I say more about that?

# OPEN HOUSE: Sunday, January 9, 12:30 – 3:00pm

Please join me at Shir Ami on Sunday, January 9 to celebrate Barb, Matt and Kaitlin and to give them our best wishes for their move to Richmond, Virginia.

Harriet Skelly, President president@congshirami.org





## **RABBINIC INTERNS' PAGE**

Happy New Year! The learning opportunities are in full swing for the months of January and February, and we're excited to spend them with you, continuing our study of text, our learning of Torah chanting, our watching of movies, our celebrating of Havdallah, and our spending Shabbat together, in services, in study, and in song. Please read the following information carefully, and we look forward to seeing you at whatever opportunities you choose to attend with us.

### JANUARY/FEBRUARY SERVICES:

**Friday, January 7th, 8:00 pm:** This Shabbat service will be led by Rabbi Lara and Adam Blum, who will become a bar mitzvah the following morning.

Saturday, January 8th, 10:00 am: Join us in celebration as Adam Blum becomes a bar mitzvah at Shir Ami. The Torah portion for this week is Bo, Exodus 10:1-13:16.

### Friday, January 28th, 8:00 pm:

A Welcoming Shabbat evening service that will examine issues of social justice from the perspective of different faith communities. Rabbi Andrew will lead services with special guests. The Torah portion for this week is Mishpatim, Exodus 21:1-24:18.

#### Friday, February 4th:

**6:00 pm, Children's Service:** Rabbi Lara will be leading filled with story, song, and fun Shabbat experiences for all ages of children.

6:45 pm, Potlluck Dinner 8:00 pm, Shabbat services for all

**Friday, February 18th, 8:00 pm:** This Shabbat service will be led by Rabbi Andrew and Sophia Silver, who will become a bat mitzvah the following morning.

Friday, February 19th, 10:00 am at Temple Beth Sholom: Join us in celebration with Sophia Silver as she becomes a bat mitzvah

### **ADULT LEARNING, SATURDAY**

The following information and opportunities will, we hope, bring new experiences into your lives, and also some familiarity and continuity as we move into our new year together.

January 29th, 7:00 pm: Movie and Havdallah. Bring popcorn for a fun movie and havdallah service with Rabbi Andrew. Last time we had a great discussion, so come enjoy another night of enlightening film discussion at Shir Ami.

**February 5th at 3:00 pm** will be another session of the **Trope class.** This session will be taught by Rabbi Lara. New learners are welcome.



Lara Pullan Regev Rabbi.Lara@congshirami.org
Andrew Terkel Rabbi.Andrew@congshirami.org

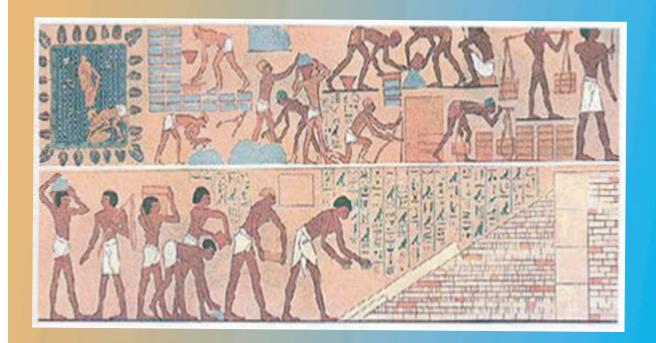
We hope to see you all at these Shabbat services and events throughout our weekends with you in the months of January and February, and are looking forward to continuing what has been so far a fabulous year of learning with all of you!



# SHABBAT SERVICE, JAN 7

Paresha Bo ... "GO" (to Pharoah to plead freedom for enslaved Israelites)

And they made their lives bitter with hard bondage, in mortar, and in brick and in all manner of service in the field.... Exodus 1:14



Shir Ami Shabbat Services
Friday, January 7th at 8:00 PM
will be led by

Lara Pullan Regev

\*\*\*\*\*\*

Remember Shir Ami's Food Basket



# TU B'SHVAT DINNER, JAN. 16

### Tu B'Shvat Celebration recalling Israel's Festival of the Trees



Services will be led by

# Diana Zankowsky

on Sunday, January 16th at 5:00 PM

Catered Seder Dinner Members ~ \$15, Non-Members ~ \$18 Children under 12 ~ \$10

Please RSVP by January 9th. Send your check made payable to Congregation Shir Ami to Barbara Heimowitz @ Shir Ami, 4529 Malabar Ave, Castro Valley, CA 94546.



# **SCHOOL NOTES**

# Martin Luther King Memorial Peace March Monday, January 17, 2011, 9:15 am

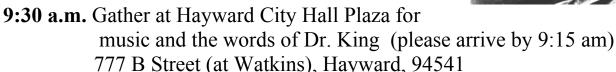
STUDENTS OF CONGREGATION SHIR AMI AND TEMPLE BETH SHOLOM'S RELIGIOUS SCHOOL are encouraged to participate in this year's Martin Luther King Memorial Peace March by singing together as a group at the event. Songs are being taught during school. Please be at the Hayward City Hall Plaza by 9:15am. Dress warmly. More information is included below.

Everyone is welcome!

If you have questions, please contact Sara Lamnin, member, Shir Ami, 510-432-7703 or saralamnin@sbcglobal.net

...nonviolence is the answer to the crucial political and moral question of our time – the need for man to overcome oppression and violence without resorting to violence and oppression.

-Dr. Martin Luther King, Jr.



10 a.m. March of Witness

In celebration of Hayward's diversity, we invite you to carry your organizational banner and to wear national dress.

**10:30 a.m.** Returning to City Hall Plaza where we will listen to song and be inspired by Dr. King's words of courage, hope, and justice.

Sponsored by South Hayward Parish ~ Information: 510.581.2060





# WELCOMING SHABBAT, JAN. 28





# LIFELONG JEWISH LEARNING

# Introduction to Judaism Judaism 101

### Saturday, January 15 12 noon to 2 pm (Lunch & Learn) At Congregation Shir Ami

#### Introduction to Judaism

Please bring your lunch, as studying and food always go together! At this class we will continue with our study of Pirke Avot, *The Sayings of the Fathers*.

We will also look at the resurgence of Tu B'Shevat and the ecology movement.

All are welcome, including first-timers.

Contact Diana Zankowsky, <a href="mailto:adulted@congshirami.org">adulted@congshirami.org</a> for directions and additional information.

### **Online Resources**

Congregation Shir Ami, a Reform congregation, is a member of the Union for Reform Judaism (URJ). The URJ website has a wealth of information for adults. Try this link, <a href="http://urj.org/learning/my/">http://urj.org/learning/my/</a>, to begin exploring the possibilities.

### **Adult Hebrew**

Learning Hebrew through Prayer Mondays, 7:30-9:00 pm

This weekly class is taught by Judy Ganz. If you have basic Hebrew literacy skills and you want to improve your:

- Hebrew Reading Skills
- Understanding of the Meaning of Prayers

please contact Judy at adulthebrew@congshirami.org



### ADULT LEARNING WITH RABBIS LARA AND ANDREW

The following information and opportunities will, we hope, bring new experiences into your lives, and also some familiarity and continuity as we move into our new year together.

### January 29th, 7:00 pm: Movie and Havdallah.

Bring popcorn for a fun movie and havdallah service with Rabbi Andrew. Last time we had a great discussion, so come enjoy another night of enlightening film discussion at Shir Ami.

February 5th at 3:00 pm will be another session of the Trope class.

This session will be taught by Rabbi Lara. New learners are welcome.



# **ROSH CHODESH/ SISTERHOOD**

### JANUARY ROSH CHODESH Thursday, January 6th, 7:30 p.m. At Shir Ami

Please join us as we bring in the month of Sh'vat. Sara Lamnin will be leading the evening with a program of Tu B'Shevat as a celebration of renewal: education, planting, and sharing. We will have refreshments, Rosh Chodesh rituals, blessings, and connecting. Watch for an email as a reminder soon.

Please contact Jan Dombrower at <a href="mailto:Sisterhood@congshirami.org">Sisterhood@congshirami.org</a> for questions or more information about Sisterhood

# **UPCOMING WOMEN'S RETREAT: February 25-27**

Please save the date for the women's retreat on February 25-27th at the Westminster Retreat Center in Alamo, CA. There are only a few spaces left. See the flyer in this bulletin

### ROSH CHODESH CALENDAR YEAR 5771 (2010-2011)

Adar I February 3- Thursday Adar II Mar 8- Tuesday Nisan April 5- Tuesday Iyar May 4- Wednesday Sivan June 2- Thursday

### Sisterhood Chanukah Party, 2010

Our annual Chanukah party was a huge success. We gathered at the home of Bettina Skehan for a feast of delicious latkas, salad, wine, and desserts. We sang the prayers and each woman lit her Menorah, setting the 7 candles ablaze. It was beautiful. We mingled, shared, laughed, and talked.

At our traditional gift exchange we played "steal the gift." In turn, each person could either pick a new gift or steal a gift already opened. Lots of stealing made for great fun and everyone ended up with a wonderful gift to take home.





# SISTERHOOD RETREAT

On the Places Tou'll	Oh, the (Jewish)
	Places We'll Go!
	February 25 -27, 2011
Bart Pullips	1 ebi dai y 23 -27, 2011
Westminster Re	treat Center, Alamo, California
In a life fu	Ill of choices, which way to go?
	endly faces, this much we know.
To connect an	nd be heard is a thing we all seek;
it's the way to	o discover our path to next week.
As women we	gather to pray, laugh, and share.
This retreat	won't be like any other anywhere!
A Jewish adv	enture, with friends old and new.
Rabbi Laı	ra joins us, hope you will too.
There's space for 20 wo	men. Register soon; deadline is February
Contact Ruth: 51	0-582-3379 or <u>ruth@wordcrft.co</u>
	ood member to attend. Contact Diana for details. Pleas
	. <u>.com/237o4n4</u> and mail your check payable to Ruth s on the roster or email Ruth for it). Or complete this
form and mail with your check.	이 맛을 가입니다. 그렇게 하면 보이는 것 같아 있었다. 그렇게 하는 그들이 하는 것 같아 하는 것 같아. 나는 그들이 얼마나는 그렇게 되었다는 것 같아 가게 되었다. 나는 사람이 없어서 그렇게 되었다.
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# **COMMUNITY PAGE**



#### "ROSE'S RAMBLINGS"

We continue this month introducing our new members.

#### **New Member Profile**

Russian, Aramaic, Ukrainian, English and even some Yiddish the languages that **Lina Teferi** 

speaks reflect the many places in which she's lived.

Lina was born in Kiev, Ukraine. She studied medicine and graduated as a doctor. At school, she met her husband, an electrical engineer who was from Ethiopia. They married in 1969 and moved to Ethiopia. They had two daughters. In 1974, there was a revolution in Ethiopia and they were forced to leave.

The family then came to Baltimore, Maryland and after a period of preparation, Lina passed her Board Exams and became a licensed nurse. But, as she puts it, her daughters surpassed her because both of them are physicians now; one, a pediatrician and the other an internist. The latter is Dr. Rahel Ruiz, who taught in our school last year.

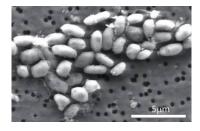
Lina came to Castro Valley recently to be near her family. She works as a nurse in various hospitals in the area. She often cannot attend Shir Ami activities because of her work schedule, but she finds the people very friendly. Welcome Lina, we look forward to meeting you.

\* \*

**Shir Ami Members in the News:** 

Jodi Blum on Team reporting Important Biological Finding

For centuries repeated studies showed that arsenic is universally poisonous to all forms of cellular life. Fur-



ther, the essential role of phosphorous for life to exist is universally accepted. So, who would attempt to substitute arsenic for phosphorus in a bacterium's diet and expect the organism to grow and multiply? Shir Ami's Jodi Blum is on a research team that isolated such bacteria, from the sediment of Mono Lake; the organisms were prodded to grow in the presence of arsenic and with minuscule residual phosphorous.

The team removed phosphorous incrementally from clear liquid nutrient broth solutions and introduced increasing micro quantities of arsenic into the broths during transfers of the Lake Mono bacteria. After numerous such transfers, the bacteria grew in the residual trace amounts of phosphorous, and appeared to have utilized arsenic in its stead. Intracellular structures contained arsenic but the cells appeared to be wider than usual

The study took advantage of two natural factors that may have helped the bacterium's metabolic acceptance of arsenic: the poison occurs in the sediment of Mono Lake so exposure to arsenic is not new to the organism and arsenic's atomic number is only one removed from phosphate's in the periodic table of elements. The atomic number is the number of electrons in an electrically neutral atom.

The research team is housed at the U.S. Geological Survey Laboratory in Menlo Park, California. The Laboratory is affiliated with NASA which has an interest in different life forms that may occur in extraterrestrial planets.

### **Latest Technology**

Rose and Hillie's granddaughter, **Shira Levine**, (Jonathan's daughter) found a hi-tech way to announce that she and Jon Abel, a fellow law student, are going to be married. She was in Michigan, and broke the news to her grandparents in Castro Valley

via Skype. See photo at right of Rose's surprised and delighted reaction.





# COMMUNITY PAGE, P2

#### Mystery T. A.

The following is a quote from the Beth Shalom Bulletin. Which of our great Shir Ami teaching assistants is this person describing? Please help us solve the mystery!

I must tell you about a phenomenal teaching assistant from Shir Ami that I observed yesterday at school. She was walking with a distressed young student, talking to him calmly, trying to distract him. She was patient, empathetic, and caring. She kept talking until she found a topic that interested him so that he would calm down, which he did. What a mensch. Our children are blessed to have such a wonderful caregiver at the Shir Sholom Torah School.

#### **Congratulations to:**

**Shashana Markus** for winning a medal for wrestling. See photo at right.



### Rachelle Bermingham, David Firestone's fiancée.



On December 5, 2010 in Anaheim, CA, Rachelle took first place in the American Society of Health-System Pharmacists' (ASHP) 15th National Clinical Skills Competition. A record 109 teams who won preliminary competitions at their local pharmacy schools participated in the challenge in which students demonstrate their skills. Rachelle and her teammate are students at the University of California-San Francisco. See photo. (Rachelle on left)

#### **Buen Viaje**

**Stacey Zankowsky** is very excited to be traveling to Spain during the winter break. She'll be meeting **Irene Gilchriese**, who is studying this year in Madrid.

#### Todah Rabah-Thank you:

To **Harriet and Bruce Skelly** for hosting Rabbinic Intern Andrew on the weekend of December 3, and for providing the Oneg at the service.

To: Jon Zimmerman & Sara Lamnin for hosting Rabbinic Intern Lara on the weekend of December 17, and to Barbara and Stan Heimowitz for providing the Oneg on December 17.

# Thanks also to the following for generous donations to Shir Ami:

Alex Druker on the yahrzeits of Joseph and Meshka Druker.

Tyler Dean in memory of Larry Dean on his yahrzeit.

Florence Finkle in memory of her father Joseph Bressler on his yahrzeit.

Barbara and Stan Heimowitz in memory of

Hedi Schwarenberger (Barbara's stepmother who died at the age of 100)



# COMMUNITY PAGE, P3

### Interview with Adam Blum

Adam Blum will become a Bar Mitzvah on January 8. We conducted a Q and A session to get some of his thoughts about the upcoming event.



**Question:** Would you tell about yourself, starting from the beginning?

**Answer:** I was born July 1, 1997 in Berkeley and have lived in Hayward ever since. I am the youngest of three siblings. I am in the eighth grade at Canyon Middle School. My friends call me "Add" or "Adds."

Question: Are you involved in extra-curricu-

lar activities?

**Answer**: Yes, I am in a Peer Mediator Group – when students have difficulties solving an inter-personal problem, they are sent to us instead of the principal's office. I am also a member of the Junior Youth Group, which provides experience in communication and leadership skills.

Question: It sounds like communication is your specialty. What do you want to be when you grow up?

**Answer**: I don't want to think about that yet. I just like to

have fun. I just want to be a kid.

Question: What do you think about your upcoming Bar

Mitzvah?

**Answer**: I'm looking forward to it. I love studying from the

Torah and learning about our history and traditions.

Question: How long have you been studying for the Bar

Mitzvah?

**Answer**: I started in March 2010, and with some time off in

the summer, it's been about 9 months.

Question: How often do you work at it?

**Answer**: I take lessons twice a week, one of the days with Hana Hartman and the other with Rachel Brott. Then on some weekends I study with the intern rabbi at Shir Ami.

Besides that, I practice every day at home.

**Question**: Doesn't that sound like a lot of work?

Answer: Oh no, it's cool. I like hard work.

**Question**: Do you have a Bar Mitzvah project? **Answer**: I tutor students who need help in math.

Question: Are you happy about being Jewish? How do you

feel about Shir Ami?

**Answer**: I'm very proud to be Jewish. I love Shir Ami. The people are so friendly. I really like hanging out with the kids in the Finkle Room.

**Question**: Do you think thirteen is a good age to have a Bar Mitzvah?

Answer: Yes. If people wait too long till say, they're sixteen, they might not be as interested. It is weird, though, that after I become Bar Mitzvah, I'll say "I'm a man, but I can't vote, I can't drive and I can't drink!"

Thank you very much Adam. We wish you and your family a hearty Mazeltov on the upcoming special occasion. Have a happy day and a happy life!

### YAHRZEIT LIST, JAN. 7, 2011

Zac Cohen. Bridget Laky,

long time member of Shir Ami Darlene Golembo. sister of Sharon Golembo past president and long time former member of Shir Ami

Peter Rosenberg, uncle of Alex Druker

Helen Rosner. long time active member of Shir Ami

# Kaddish List (to be Read at both Services)

Those who have died in the last 11 months

Frieda Greenbaum, grandmother of Diana Zankowsky Layah Laks, long time former member of Shir Ami

### YAHRZEIT LIST, JAN. 28, 2011

Paul Bergel. father of Marci Loss

Tessie Bressler. mother of Florrie Finkle

Tvler Brooke. husband Georgie Brooke and father of Toni Schulberg

Shellie Cohen, active member of Shir Ami Gene Gash, Shir Ami organist for many years grandmother of Marion Kramer Cecilia Kramer, Syd Kramer, uncle of Jan Dombrower

Clara Schneider, mother of Marilyn Schneider, and grandmother

of Irene, Sarah and Carolyn Gilchriese

Rolf Weinberg, husband of Ingrid Weinberg; a charter

member, and mainstay of Shir Ami for many,

many years

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# TZEDAKAH BOX (SOCIAL ACTION)

### **Social Action News and Opportunities**

### **VOLUNTEER**

Patch Adams, M.D., was doing a radio interview in the SF Bay area several years ago. A caller asked him what was the key to happiness. Dr. Adams replied (this is paraphrased), "If you want to be truly happy, double your volunteer time!"

There are many ways to volunteer. Here is how Barbara Heimowitz and Harriet Skelly increased their happiness in December.

### Scarves for St. Anthony's

Harriet Skelly, Barbara Heimowitz, Barbara's sister, Peggy, and two others knitted 50 scarves for the St. Anthony's Kitchen scarf drive.



Here is Peggy's account of the visit to St. Anthony's on December 15, 2010:



We had a great time delivering the scarves to St. Anthony's yesterday. We collectively knitted/crocheted 50. We were given the grand tour of the facility and

were so impressed with the foundation. This is the first year that the foundation asked for scarf donations and they were hoping to receive 2500 by yesterday. As it turns out, almost 6,000 were donated from as far away as Hawaii!!!

Many people volunteer at St. Anthony's and yesterday, a group of middle school kids from Orinda were there busily sorting, wrapping and writing heart warming notes and attaching them to the scarves. The scarves will be given to the homeless patrons along with a meal on Christmas day. We all feel good about contributing to this worthy cause and will continue knitting regularly for other causes. The next project might be knitted baby or chemo hats.



Happy Holidays to all of you! Peggy

### The Social Action Committee needs you!

Want to make a difference in your community? Want to help bring the ideals of Tzedakah (righteousness, fairness or justice) and Tikkun Olam (Care for the World) to Shir Ami? Like to write and coordinate? The Social Action Committee is seeking a Chair and also a writer of this column. Can you help? Contact <a href="editor@congshirami.org">editor@congshirami.org</a>



### **CONTACTS**

### **Congregation Shir Ami**

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Rabbinic Intern Rabbinic Intern Lara Pullan Regev Andrew Terkel Rabbi.Lara@congshirami.org
Rabbi.Andrew@congshirami.org

President Membership School Liaison Harriet Skelly Barbara Heimowitz Jodi Blum president@congshirami.org membership@congshirami.org education@congshirami.com

Building Maintenance Community Page

Donations:General & Special Fund,

Treasurer-Receivables

eScrip

Treasurer-Payables

Men's Club Newsletter

**Newsletter Mailing** 

Oneg Shabbat (hospitality)

Religious Religious

Rosh Chodesh/Sisterhood

Social Action Social Action Yahrzeit

Noah Markus Rose Levine Florrie Finkle Judy Ganz Danielle Keil Maryann Leshin Jon Zimmerman Rose Firestone Lilly Erikson Sharon Golembo David Schulberg Diana Zankowsky Jan Dombrower Daryl Berman Julie Greenfield Toni Schulberg

facilities@congshirami.org community@congshirami.org donations@congshirami.org dues@congshirami.org escrip@congshirami.org treasurer@congshirami.org mensclub@congshirami.org editor@congshirami.org editor@congshirami.org oneg@congshirami.org religion@congshirami.org religion@congshirami.org sisterhood@congshirami.org socialaction@congshirami.org socialaction@congshirami.org yahrzheit@congshirami.org